

# EARTHQUAKE SAFETY CHECKLIST

## SPEND 1 MINUTE TO FINISH PREPARING



**TOTALLY  
UNPREPARED**

### PROTECT YOUR FAMILY

- |  | Yes                   | No                    |
|--|-----------------------|-----------------------|
| Have you practiced <b>“Drop, Cover, and Hold On”</b> with your family?   | <input type="radio"/> | <input type="radio"/> |
| Do you have a <b>home emergency kit</b> with a radio, and a <b>3 day supply of food and water per person</b> ? | <input type="radio"/> | <input type="radio"/> |
| Does each family member have an <b>emergency wallet card</b> ?   | <input type="radio"/> | <input type="radio"/> |

### PROTECT YOUR KIDS

- |   | Yes                   | No                    |
|---|-----------------------|-----------------------|
| Do you know what your children’s <b>school disaster plan</b> is?  | <input type="radio"/> | <input type="radio"/> |
| Do your kids have <b>personal emergency backpacks</b> with shoes, a flashlight, water, copies of their ID, snacks, and a toy? | <input type="radio"/> | <input type="radio"/> |

### PROTECT YOUR FAMILY

- |  | Yes                   | No                    |
|--|-----------------------|-----------------------|
| Are your <b>framed photos</b> hung with <b>earthquake-safe hooks</b> ? | <input type="radio"/> | <input type="radio"/> |
| Are your <b>computer monitors</b> secured to the desk with straps?     | <input type="radio"/> | <input type="radio"/> |
| Is your <b>television</b> secured with <b>straps</b> ?                 | <input type="radio"/> | <input type="radio"/> |
| Are <b>items on shelves</b> attached with <b>putty</b> ?               | <input type="radio"/> | <input type="radio"/> |

### PREPARE. SURVIVE. RECOVER.

A little preparation will help you survive the next earthquake and recover faster.

Simple steps to save you money during preparation and how-to videos can be found at [www.totallyunprepared.com](http://www.totallyunprepared.com).

This checklist contains a partial list of tips from USGS publication “Putting Down Roots” and Cal EMA website. Earthquake insurance information provided by the CEA.

### PROTECT YOURSELF

- |  | Yes                   | No                    |
|--|-----------------------|-----------------------|
| Do you have a personal emergency kit with <b>shoes, a flashlight, work gloves, and copies of your ID</b> ? | <input type="radio"/> | <input type="radio"/> |
| Are your <b>bookcases</b> secured to the wall?   | <input type="radio"/> | <input type="radio"/> |
| Is your <b>entertainment center</b> secured to the wall?   | <input type="radio"/> | <input type="radio"/> |

### PROTECT YOUR PETS

- |   | Yes                   | No                    |
|---|-----------------------|-----------------------|
| Do you have at least a <b>3 day supply</b> of pet food?       | <input type="radio"/> | <input type="radio"/> |
| Do you have a <b>carrier or leash</b> ?                       | <input type="radio"/> | <input type="radio"/> |
| Do you have copies of your pet’s <b>vaccination records</b> ? | <input type="radio"/> | <input type="radio"/> |

### PROTECT YOUR HOME

- |   | Yes                   | No                    |
|---|-----------------------|-----------------------|
| Are <b>flammable or hazardous chemicals</b> stored on high shelves?   | <input type="radio"/> | <input type="radio"/> |
| Do you know where your <b>water shutoff</b> is and do you have a <b>wrench</b> to do it?  | <input type="radio"/> | <input type="radio"/> |
| Do you know where your <b>gas shutoff</b> is and do you have a <b>wrench</b> to do it?  | <input type="radio"/> | <input type="radio"/> |
| Is your <b>water heater</b> secured to <b>wall studs</b> ?  | <input type="radio"/> | <input type="radio"/> |
| Does your <b>water heater</b> have a <b>flexible connector</b> ?  | <input type="radio"/> | <input type="radio"/> |
| Is your house <b>bolted to the foundation</b> ?   | <input type="radio"/> | <input type="radio"/> |
| Have you <b>reinforced crawl spaces</b> to prevent collapse?  | <input type="radio"/> | <input type="radio"/> |
| Home and renters insurance does not cover earthquakes. Do you know how much earthquake insurance costs? Get an estimate at <b>EarthquakeAuthority.com</b> . | <input type="radio"/> | <input type="radio"/> |



# A QUICK INDEX OF HOW TO FIX ALL THE STUFF FOR WHICH YOU'RE TOTALLY UNPREPARED.



## PROTECT YOUR FAMILY

There are several simple things you can do to protect your family.

Practice “**Drop, Cover, and Hold On**”. This simple exercise will help you and your family seek safety till the shaking stops. Remember that near the ocean, instead of dropping, evacuate to high ground (100 ft. above sea level) immediately.

<http://www.earthquakecountry.info/roots/step5.html>

<http://www.dropcoverholdon.org>

<http://www.shakeout.org>

<http://quakequizzesf.org>

**Home Emergency Kit** with radio, 3-day supply of food and water per person, flashlight, work gloves, first aid, copies of important papers (driver's license, insurance policies, car titles, credit card and bank account numbers), and a supply of cash in small bills.

Ideally you should put the kit together yourself, instead of simply buying a pre-made kit. Only you know what you will really want in an earthquake. These lists provide great advice about what you may want in your kit.

<http://www.ready.gov/america/getakit/index.html>

<http://www.earthquakecountry.info/roots/step3.html>

[http://www.redcrossroommates.org/en/?episode=build\\_a\\_kit](http://www.redcrossroommates.org/en/?episode=build_a_kit)

**Emergency Wallet Card** for each family member. Use the online form provided or create your own using the information provided below.

[http://www.ready.gov/america/\\_downloads/FamEmePlan.pdf](http://www.ready.gov/america/_downloads/FamEmePlan.pdf)

<http://www.earthquakecountry.info/roots/step2.html>

## PROTECT YOUR KIDS

Do you know what your children's **disaster plan** is? In addition to having a plan for you and your children, find out what the disaster plan is at your children's school.

<http://www.earthquakecountry.info/roots/step2.html>

[http://cms.calema.ca.gov/prep\\_kids.aspx](http://cms.calema.ca.gov/prep_kids.aspx)

Do your kids have **personal emergency backpacks** with shoes, flashlight, water, snacks, a recent photograph of you and your child together, and a toy? A photograph of the two of you will help you both if you become separated, so be sure to include one, as well as a photo of your whole family.

You can make your family disaster plan fun by involving your children in the plan and making the drop cover and hold drills into a game.

## PROTECT YOUR STUFF

For framed photos, posters, and other wall hangings, you can either anchor with **earthquake-safe hooks**, or use the hooks you have along with some **well placed museum putty** to keep them in place.

<http://www.daretoprepare.org/stuff/wallhangings.html>

**Securing your computer monitors** to the desk with straps is quick and easy. You can use earthquake straps or a computer lock to affix your system to the desk.

<http://www.daretoprepare.org/stuff/electronics.html>

**Secure your television** with straps or mount it on the wall Either way will work.

<http://www.daretoprepare.org/stuff/electronics.html>

**Securing items on shelves** by attaching them with putty is quick and easy. The putty is adherent, but easy to remove and does not damage delicate items.

<http://www.daretoprepare.org/stuff/displaycases.html>

<http://www.daretoprepare.org/stuff/openshelves.html>

**Secure kitchen cabinets** and what they contain by attaching earthquake or kid-safe safety latches on all your kitchen cabinets.

<http://www.daretoprepare.org/stuff/cabinets.html>



# A QUICK INDEX OF HOW TO FIX ALL THE STUFF FOR WHICH YOU'RE TOTALLY UNPREPARED.



## PROTECT YOURSELF

Keep a **personal emergency kit** with shoes, a flashlight, and work gloves in your bedroom. Put one in a soft bag and tie it to your bed. Make a second one and put it by the door if you have to evacuate quickly.

**Secure bookcases and heavy furniture** to the wall with anchors or earthquake furniture straps.

<http://www.daretoprepere.org/stuff/bookcases.html>

**Secure your entertainment center** to the wall with anchors or earthquake furniture straps.

<http://www.daretoprepere.org/stuff/shelfunits.html>

## PROTECT YOUR PETS

Keep at least a **3-day supply of pet food** for your pet. You know your pet and what it likes best so keep it on hand.

Betty White and the SPCA tell you how to prepare your pet:

<http://youtu.be/mSEqAn79NjY>

Do you have a **carrier or leash**? Think about how you may need to secure your pet.

<http://www.prepare.org/home/preparedness-resources/threatshazards/pet-safety.html>

Pet Preparedness Video: [http://youtu.be/\\_uAxzFxA\\_ko](http://youtu.be/_uAxzFxA_ko)

Do you have copies of your pet's vaccination records? If not, contact your vet for a printed copy of them and keep them with your pet earthquake kit.

## PROTECT YOUR HOME: A SPECIAL SECTION FOR HOMEOWNERS

Are **flammable or hazardous materials** stored on high shelves? Time to move them!

Do you know **where your water shutoff** is and do you have a wrench that can do the job?

Do you know **where the gas shutoff** is and do you have a wrench that can do the job?

<http://www.pge.com/myhome/edusafety/gaselectricsafety/turngasoff>

Youtube video showing how to shut off utilities:

<http://youtu.be/VFaATsqvE5g>

Is your **water heater secured** to wall studs? It has been on the books as law in CA for 20 years.

<http://www.daretoprepere.org/stuff/waterheater.html>

Calif health and safety code re water heaters:

<http://www.seismic.ca.gov/pub/Health%20and%20Safety%2019211.pdf>

Does your water heater have a **flexible connector**? You may need a plumber to help with this if you are not the fix-it type, but here are directions if you want to do it yourself.

<http://www.lasco.net/w1.htm>

Have you **secured your home**? Is your house **bolted to the foundation**? Is your home **reinforced** to prevent collapse? It should be. A bolted foundation today is much cheaper than repositioning your house after an earthquake, and your house will not fall over if the ground story is reinforced.

<http://www.daretoprepere.org/building/notbolted.html>

<http://www.eeri.org/mitigation/tag/retrofitting>

<http://www.daretoprepere.org/building/cripplewalls.html>

Home and renters **insurance does not cover earthquake damage**—a separate policy is required. The California Earthquake Authority (CEA) works with a network of leading insurance companies to provide both claim-paying power and expert service. A CEA policy can help get you back to normal faster after a damaging earthquake. Learn the five reasons to buy earthquake insurance and get a CEA premium estimate at: [www.EarthquakeAuthority.com](http://www.EarthquakeAuthority.com).

